



DMA NEWS BULLETIN

MONTHLY

16
PAGES

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DELHI MEDICAL ASSOCIATION

DELHI STATE BRANCH of IMA

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A “Delhi's National IMA President's Pen” (By invitation)

As National IMA celebrated its 100th National Conference this month, DMA is honored to invite (in sequence) its only 2 Past IMA National Presidents (from Delhi) amidst us today for their Words of Wisdom. Both of them have been stalwarts of the medical profession with decades of experience and immense contribution to the medical profession.

In this issue we have invited Dr. Sanjiv Malik, Past National President, IMA (2006) to share his journey, his thoughts, experiences and advise for the medical profession in today's scenario.

The Medical Profession: Yesterday, Today & Tomorrow

As I reminisce my journey and experiences in the medical profession, I am filled with nostalgic memories of yester years.

As the founder secretary of the students Union of my then newly founded medical college (UCMS), I had the distinction of leading multiple agitations for recognition of the college to its proper amalgamation with the associated hospital. Later as the founder president of DMSA (Delhi Medical Students Association), we led the massive 1977-78 strike for betterment of the conditions for Delhi resident doctors and interns. The strike was reminiscent of major unity amongst medical student and resident doctors.

As I commenced my medical practice in 1980, I had the privilege of enrolling myself as a primary member of the Indian medical Association. I was least aware that one day I would have the privilege of leading this august body as its National President.

The decades from 1980 to early 2000's were eras where major health care services in Delhi and also around the country were provided by major premier governmental medical institutions. To get admission in a private ward in AIIMS, Delhi was a privilege. As healthcare progressed and advanced the private healthcare industry (I'm taking the liberty of calling it an “industry”) grew and proliferated. What started initially in select metropolis of the country has today grown across the length and breadth of the country. This rapid privatization has put India on the global health map and amongst the top global destinations for health tourism. This undoubtedly has brought the latest advances in healthcare to the people of the country. It also however has had its challenges. The recent years have seen healthcare industry going in the hands of private business entrepreneurs, venture capital funds and the like. The healthcare priorities and goals in these institutions are defined today more by ambitious, target driven MBA's than by healthcare professionals. Erosion of public faith in the healthcare system and the medical profession has become a rapidly developing phenomenon. This is a cause of concern.

While we must acknowledge the positives that have come with the growth of the private sector, it is the duty of professional leaders and brand ambassador doctors to ensure that we do not come succumb to unethical, undue pressures of what is now an industry driven business. It is the brand leaders of the profession who would lead the journey for maintaining ethical medical practices and the resultant delicate, pious fabric of doctor-patient relationship.

Another aspect is what we ought to have as a stand towards mixing of different pathies in the modern system of medicine. While the government seems to be keen on this, IMA needs to logically make an in-depth study of its pros and cons and come up with a detailed white paper on what the professional body and professionals feel. It can't be that organization's like IMA openly oppose the same and major medical institutions of the country adopt it. Our approach, decision and thinking in this matter needs to be logical and based on strong scientific evidence. It's only then that the lawmakers of the country would give us our due hearing.

On the professional front while we must keep abreast with all the latest developments, I must mention that AI would become a driving force for technology including healthcare of the future. Our professional brethren must keep themselves updated on aspects of artificial intelligence. It is equally the responsibility of medical associations to ensure that adequate coverage is given to imparting knowledge on AI to our professional colleagues.

Lot of challenges which faced the medical profession yesterday continue facing the profession today. From time to time, we do hear great noise about the same. While some of the basic issues facing day to day practitioners have remained unsolved, I feel the need of the hour is unconditional unity of the medical profession and a common stand towards our problems. Like all democratic organizations we also have the structure of electoral politics. While elections cannot be wished away in a democratic set up, they should not go beyond elections. Let those who wish to be a part of the electoral process be so and the day the process is over the opposing/contesting factions should forget differences and be one for the sake of solving day to day problems faced by practitioners. It is only then that we will be able to find a solution to some of the long overdue pending problems challenging the profession.

With my best wishes for a very happy and healthy New Year.

Warm regards,

Dr. Sanjiv Malik
Past National President, IMA (2006)



Hony. Secretary Pen...

Dear Friends,

Greetings from the Delhi Medical Association!

At the outset, I extend my sincere regards and heartfelt thanks to all of you for making MEDICON 2025 – the 66th Annual Delhi State Medical Conference, held on 23rd November 2025 at Hotel Le Méridien, a grand success. As you receive this bulletin, the New Year is approaching. I take this opportunity to wish you and your family a very Happy New Year 2026. May the new year bring you joy, success, and new opportunities to achieve your goals. The month of January in our country is also marked by numerous festivals that bring happiness, prosperity, and positivity into our lives.

This is also the time for the DMA Annual Elections for the posts of President-Elect and two Vice Presidents for the upcoming year. The notification for the same has already been published in this bulletin. On behalf of the Delhi Medical Association, I urge all members to actively participate in the election process, exercise their right to vote, and strengthen democracy through large-scale participation.

An independent Election Commission has been constituted to ensure that the elections are conducted in a free, fair, and transparent manner.

Dr. Satish Lamba
Hony. State Secretary, DMA

DELHI MEDICAL ASSOCIATION

cordially invites you to

2026

New Year Celebration

on

3rd January at 8.00 pm

DMA House, Ansari Road, Daryaganj, New Delhi



REGISTRATION COMPLIMENTARY BUT MUST @9560097694

DELHI MEDICAL ASSOCIATION

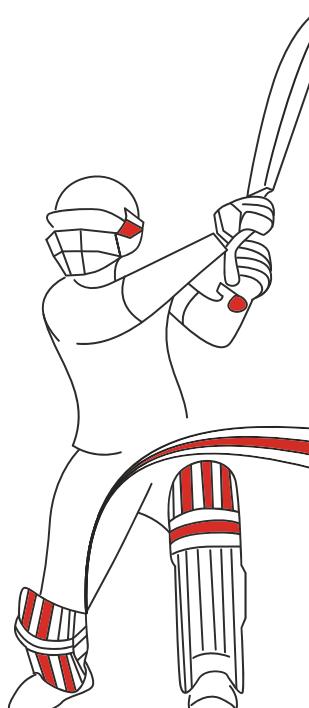
Cordially invites you to the

CRICKET MATCH

PRESIDENT XI VS SECRETARY XI

4th January, 2026 | Start at 10.00 am

Govt. School, Shakurpur, Delhi



President
Dr. Girish Tyagi

Hony. State Secretary
Dr. Satish Lamba

Hony. Finance Secretary
Dr. A S Popli

OBITUARY

DMA regrets to inform the sad demise of **Dr. Shyam Gupta Sr. Member of IMA Outer West Branch & State Executive Member.**

We pray to God to rest their Souls in peace and give strength to the family to bear this irreparable loss.



President
Dr. Girish Tyagi

Hony. State Secretary
Dr. Satish Lamba

Hony. Finance Secretary
Dr. A S Popli



**From the desk of Dr. Ashwini Dalmiya
Chairman
MEDICON 2025**

At the outset, I would like to express my sincere gratitude to Dr. Girish Tyagi, President, for reposing his trust in me and appointing me as the Chairman of MEDICON 2025. With the collective efforts and dedicated support of the members of the Organising Committee, we were able to make this conference a great success.

The 66th Annual Delhi State Medical Conference – MEDICON 2025 was held on 23rd November 2025 at Hotel Le Meridien, New Delhi. One of the most prestigious events of the Association, the conference was attended by over 700 doctors. The well-organized scientific program included two simultaneous halls, over 50 scientific sessions, and participation from top national and international faculty of repute. The trade exhibition, featuring more than 30 stalls, further added to the grandeur of the event, making MEDICON 2025 a resounding success.

I am also grateful and extend my heartfelt thanks to all the sponsors for their invaluable support and contribution in making this conference successful.

Last but not least, I am pleased to inform you that we were able to save approximately Rs. Forty Lakhs from this conference, which will be utilized for the future welfare of the Association.

Once again, I thank you all for your unwavering support and cooperation.

**Dr. Ashwini Dalmiya
Chairman, MIDCON 2025**

Glimpses of 66th ANNUAL DELHI STATE MEDICAL CONFERENCE-MEDICON 2025
23rd November 2025 at Hotel Le Meridien, New Delhi.





15th ANNUAL CME

BY SIR GANGA RAM HOSPITAL

Sharper Diagnosis, Smarter Management

For over 70 years, Sir Ganga Ram Hospital has stood as a beacon of trust, excellence, and patient-centered care. Combining world-class facilities, state-of-the-art technology, and a dedicated team of expert doctors, we provide precise diagnostics and advanced treatment solutions. Our comprehensive approach ensures sharper diagnosis, smarter management, and personalised care for every patient. With a legacy built on reliability and compassion, we continue to set new benchmarks in healthcare, earning the trust of generations and empowering patients with confidence in every step of their medical journey.

Event Highlights

The CME will be inaugurated by Honourable Health Minister of Delhi, Shri Pankaj Singh

- Workshop on Practical Application of AI in Healthcare
- Well curated Scientific Agenda for Practitioners
- Debate- Weight Loss Procedure: Fishing the Best from the Whole Sea of Options
- Working Breakfast, High Tea & Sumptuous Lunch for all Delegates
- Panel Discussion Spectrum of Transplant Surgery at Sir Gangaram Hospital Giving a New Hope of Life
- Update in various Courses and activities of GRIPMER (Gangaram Institute of Postgraduate Medical Education & Research)
- New Techniques and Technologies in Various Specialities
- Direct involvement of the Delegates in Decision making and drafting conclusions of scientific proceedings
- Special Prizes and Awards for the Delegates in the category of-Early Bird Prizes, Last Man Standing, Lucky Draws and Best contributor for scientific feast

Event Details



Sunday, 1 February 2026



8:00 AM – 5:00 PM



India Habitat Centre, New Delhi

Contact / Registration: +91 9205329797 | cme@sgrh.com



GRIPMER

Message from the Chairman - Sir Ganga Ram Trust Society

Dear Esteemed Colleagues,

It is my privilege to invite you to the 15th Annual CME of Sir Ganga Ram Hospital on 1st February 2026 at the India Habitat Centre. Our theme, "Sharper Diagnosis, Smarter Management," reflects our continued commitment to advancing clinical excellence through insight, innovation, and collaborative learning.

As healthcare rapidly evolves, the need for shared knowledge and collective refinement of best practices becomes even more vital. This CME has been thoughtfully crafted to provide practical learning, meaningful discussions, and clear take-home messages that strengthen everyday clinical decision-making.

I warmly encourage your participation, as your presence will enrich the scientific dialogue and uphold the tradition of excellence that defines Sir Ganga Ram Hospital.

Message from the Chairman - Board of Management Sir Ganga Ram Hospital

Dear Colleagues,

It is the time of the year again when Sir Ganga Ram Hospital requests your esteemed presence at the Annual CME. This year we will be showcasing the newer technology/ procedures used for the ultimate aim of improving patient outcome. Like in the previous years, it will be a totally interactive, non formal and a family affair, since we consider you as our extended family. I extend a warm welcome to all of you for the Annual Sir Ganga Ram Hospital CME.

Message from the Chairman - CME 2026 Sir Ganga Ram Hospital

Dear Colleagues,

It is my pleasure to invite you to the 15th Annual CME of Sir Ganga Ram Hospital on 1st February 2026 at the India Habitat Centre. With the theme "Sharper Diagnosis, Smarter Management," this year's CME brings a fresh perspective, blending clinical expertise with emerging technologies and smarter decision-making tools.

This year, we are introducing interactive voting pads, allowing every delegate to participate actively and contribute to the scientific proceedings. Your responses, insights, and real-time decisions will shape the discussions, making this truly a CME with a difference.

Each session has been thoughtfully curated to offer clear, practical take-home messages that strengthen everyday clinical practice. I warmly encourage you to join us for a day of meaningful learning, engagement, and forward-looking conversations.



Dr. (Prof.) D.S. Rana
Chairman
Sir Ganga Ram Trust Society



Dr. Ajay Swaroop
Chairman
Board of Management



Dr. Sanjay Manchanda
Chairman
CME 2026

Glimpses of 66th ANNUAL DELHI STATE MEDICAL CONFERENCE-MEDICON 2025
23rd November 2025 at Hotel Le Meridien, New Delhi.



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MBBS, MD

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DMA ANNUAL ELECTIONS – 2026-27

Delhi Medical Association invites nominations for the post of :

- i) The President Elect (2026-27)
- ii) Two Vice Presidents for the year 2026-27

Election Schedule :

• Last date for receipt of Nomination Papers	24 th January, 2026 (till 3.00 p.m.)
• Executive Committee Meeting to open the Nomination Papers	24th January, 2026 (at 3.30 p.m.)
• Last date for receipt of withdrawals	28 th January, 2026 (till 3.00 p.m.)
• Executive Committee Meeting to open withdrawals	28th January, 2026 (at 3.30 p.m.)

Date of Election Sunday, 08th February, 2026 from 9.00am. to 5.00 p.m.

DATE OF ELECTION

Sunday, 08th February, 2026 from 9.00 a.m. to 5.00 p.m.

ZONES OF ELECTION

ZONE	:	BRANCHES
Central Zone	:	Central Delhi Branch, LHSP Branch, Direct Members, Karol Bagh Branch
East Zone	:	East Delhi Branch
South Zone	:	South Delhi Branch, New Delhi Branch
West Zone	:	Westown Branch, Janakpuri Branch, Dwarka Branch, Outerwest Branch
North Zone	:	Delhi North Zone Branch and Rohini Branch

DMA RULES & REGULATIONS

ELECTION OF PRESIDENT ELECT AND TWO VICE PRESIDENTS

Election Commission

The State Executive Committee shall appoint Election Commission comprising of Seven members, one of which shall act as Chairman of the commission and Hony. Secretary as the convenor. Any body who is contesting shall not be the part of the Commission. The Chairman, Election Commission shall on or before 10th January each year call the nomination through DMA News Bulletin from the valid members as on 31st December of Previous year.

- a) For the post of President Elect
- b) Two Vice Presidents

Criteria for the Candidature :

- a) **President elect and Vice Presidents**
- I) Minimum 5 years of continuous membership of the association either direct or through a local branch or through both.
- ii) Must enroll himself as life member of IMA.
- ii-(a) Any member seeking election to the above mentioned elective posts of DMA should have been either a member of the State Executive for 3 years or should have held any post of DMA as Office bearers for at least one year.
- iii) A candidate who polls less than 5% of total votes polled shall not be eligible to contest for any of the above for next 3 years.

Code of Conduct

- i) One cloth Banner measuring 3 meter outside DMA Building or venue of Zone on the adjacent road is allowed to each candidate. The banner shall be outside the Polling area decided by the Chairman of the election.
- ii) Press advertisement, Press release & Press conference for election purpose shall be banned Electronic Canvassing is permissible.
- iii) Communication to the voters by the candidate or candidates is allowed through DMA News Bulletin on payment of maximum of two pages in one issue, duly approved by Election Commission. No other communication is permissible.
- iv) Any contravention or violation of electoral Rules & Bye Laws will be taken as election dispute and dealt accordingly. If the contravention or violation is proved the defaulter will be disqualified for four years including the year of election in which violation has been committed.

The nominations in sealed envelope must reach the office of the Election Commission i.e. DMA by 3.00 pm on **24th** January every year. Nomination paper shall bear the endorsement from the Branch Secretary verifying that the candidates, proposer and seconder have paid their membership subscription upto 31st December. In case, the endorsement of payment has not been made by the branch Secretary, the nomination paper shall stand valid only if DMA records, confirm that the signatories have paid dues upto 31st December. Nomination shall be accepted only on nomination paper/s issued by DMA office.

The nominations shall be opened in the meeting of State Executive on **24th** January every year. The valid nominations will be communicated to Presidents/Secretaries of all branches by post (Speed Post) and would also be displayed on DMA Notice Board.

The last date of withdrawal will be upto 3:00 p.m., **28th** January every year. Withdrawal must be submitted in sealed envelopes, which shall be opened in the Executive Committee on the same day. Withdrawal papers once submitted cannot be withdrawn. After the withdrawals only, the name of the valid candidate will be circulated through DMA News Bulletin. They will also communicated to all concerned by Speed Post / Email.

The voting shall be held in five zones of Delhi on Sunday 9.00 a.m. to 5.00 p.m. after having given a clear time of 10 days for canvassing but not later than 15th Feb every year. The local branches shall vote as follows in various zones.

Central Zone : Central Delhi Branch, LHSP Branch, Direct Members, Karol Bagh Branch

East Zone : East Delhi Branch

South Zone : South Delhi Branch, New Delhi Branch

West Zone : Westown Branch, Janakpuri Branch, Dwarka Branch, Outerwest Branch

North Zone : Delhi North Zone Branch and Rohini Branch

Venue of election for each zone shall be decided by DMA executive. One member of Election-commission shall be responsible for the conduct of election in each zone with the help of professional team.

No member of DMA except for the member of election commission shall have any role in conduct of election.

Member of election commission appointed to a particular zone will not be a member of either of the branches voting at the centre.

Each candidate shall be entitled to send one representative to each centre as an observer.

No voter without a photo identity proof shall be allowed to cast his/her vote.

After the polling, member election commission of that zonal centre shall seal the ballot boxes in presence of the Observers of all the candidates. The details of number of ballots issued at that centre shall be provided to the observers at the centre itself.

The sealed ballot boxes shall be taken to DMA House for counting to be undertaken on same day. All the arrangements for the election shall be made by DMA. Local branches shall have no role in conduct of election.

No other election can be tied up with DMA elections.

The executive committee of any local branch through a resolution can request DMA to cast its vote at any of the zonal centres.

Election Process

- The valid voter list available phone nos & emails should be provided to the contestants for better/electronic communication to voters.
- The election for the above post shall be held with use of most modern technology aimed at increasing the participation of maximum members and ensuring the fairness of procedures. Therefore a valid voter list with available phone nos. & E-mail should be provided to the contestants for better/electronic communication to voters.

POLLING BOOTH VOTING BY SECRET BALLOT OR ELECTRONIC VOTING MACHINE

- The election shall be held by **Electronic Voting Machine / secret ballot** (at the time of polling) issued to all members on the rolls of association on whose behalf H.F.C. has been deposited by 31st December as life member. The valid list will also include the annual members on whose behalf H.F.C. has been deposited by 30th June. The valid list shall also be displayed on the notice board of DMA and same will be sent to the branch Secretaries by 10th January of every year.
- Ballot papers shall bear the seal of the association and signature of any two members of the Election Commission for this purpose. No envelope shall be necessary for the Ballot Paper.
- Ballot papers will be delivered to the Chairman, Election Commission at least 48 hours before the Polling date.
- The ballot paper shall be issued by the polling Officer to the valid members against the signature after establishing the identity through one of the means- Photo identity card issued by Voter ID Card, issued by Delhi Govt., Driving License, Ration Card valid one if it carries your photograph, Pass Port, Aadhar Card. Photo Identity Card issued by any recognized statutory authority (e.g. PAN, Post Office, Police etc.) to cast the vote.

Each member shall be issued separate ballot paper each year for post of President elect and two Vice-Presidents.

- The ballot box shall be sealed in presence of President/Vice President, one of the Secretaries, Presiding Officer/Election Commission and Candidates or his observer for the election.
- The Ballot Box shall be kept in the custody of the Presiding Officer during the Polling time and shall be kept in the office under the key which shall remain with Chairman, Election Commission.
- After total polling is over, the counting shall take place immediately. The Chairman, Election commission and his team shall hand over the sealed ballot box to the team of Scrutinizers (3-5) appointed by the Election Commission.
- The Chairman shall open the ballot box before the Scrutinizers and the candidates or their Observer nominated by them, and hand over the ballots to the Scrutinizers. The Ballot papers would be counted and if any discrepancy between ballots issued and recovered from the box is found, it shall be recorded and signed by the Chairman and the Scrutinizers.
- The Scrutinizers will count the votes before the candidates or their observers nominated by them, criteria for invalidating a vote would be mentioned on the ballot paper and the same shall act as guidelines for the Scrutinizers.
- The ballot papers shall be sorted out separately for the President elect, Vice Presidents counted accordingly.
- For each category the scrutinizers shall record the votes polled in the names printed on the ballot papers.
- These results shall be signed by all the scrutinizers and submitted to the President, who shall place these results before the State Executive Committee within 2 days of receiving it. Among the Vice Presidents, candidate polling maximum votes shall be the Senior Vice President. For any post candidate/s securing votes in order of merit shall be decided depending upon the number of seats vacant.
- The result shall be displayed on the Notice Board and published in DMA News Bulletin and communicated to all elected candidates and branches by post (Speed Post).

DELHI MEDICAL ASSOCIATION

ELECTION 2026

NOMINATION PAPER

Name of post (Tick any one): President (Elect) () Vice President ()

Name of the Candidate (Block letters)

Address

.....
Mobile No..... Name of the Branch

E-Mail Address

Duration of Life Membership.....

Positions held in DMA 1 2

OR

Years of being member of State Executive Committee1 2 3

Name of the Proposer (Block Letters)

Address

.....
Mobile No..... Name of the Branch

E-Mail Address

Signature of Proposer.....

Name of the Seconder (Block Letters)

Address

.....
Mobile No..... Name of the Branch

E-Mail Address

Signature of Seconder.....

I agree to be candidate for the above mentioned post and will follow the code of conduct.

Date:

Signature of the Candidate

N.B. 1. Please read appended Election Notice carefully.

2. Code of Conduct has to be followed strictly.

3. Write legibly all particulars before submission of nomination.

4. Nomination shall be received in sealed / closed plain envelope & marked as "Nomination Paper".

5. Photocopy of the nomination paper can be used by the candidates.

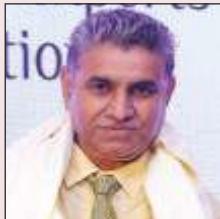
Delhi Medical Association

ANNUAL ELECTIONS 2026

ELECTION COMMISSION FOR THE YEAR 2026-27



Dr. Ashwini Dalmiya
Chairman
Election Commission



Dr. Satish Lamba
Convenor
Election Commission



Dr. Ramesh Datta
Member



Dr. Ajay Lekhi
Member



Dr. V. K Narang
Member



Dr. Rakesh Taneja
Member



Dr. Dinesh Goyal
Member



Dr. Arvind Narayan
Member

President
Dr. Girish Tyagi

Hony. State Secretary
Dr. Satish Lamba

Hony. Finance Secretary
Dr. A S Popli

DMA ANNUAL ELECTIONS-2026

APPEAL
DEAR VOTERS

KINDLY BRING SOME IDENTIFICATION DOCUMENTS WHICH MAY BE:

1. Voter ID Card issued by Delhi Govt.
2. Driving License
3. Pass Port
4. Aadhar Card
5. Pan Card
6. Photo Identity Card issued by any recognized statutory authority. (e.g. Govt. Post office, Police etc.) to cast the vote.
7. Digital Photo identity will be accepted to cast his/her vote.

Note: In order to avoid last minute embarrassment, members are requested to check from their branches regarding their eligibility to cast the vote & confirmation of their branch number.

Dr. Satish Lamba
Convenor Election Commission
Delhi Medical Association

Dr. Ashwini Dalmiya
Chairman, Election Commission
Delhi Medical Association

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