



DMA NEWS BULLETIN

MONTHLY

An official organ of

DELHI MEDICAL ASSOCIATION

DELHI STATE BRANCH of IMA

12

PAGES

VOLUME 57

ISSUE-06

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25th Sept, 2025 | Email: delhimedicalassociation@gmail.com | Web: www.delhimedicalassociation.com | Price Rs. 5.00
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GI INTERFACE

2025



PROGRAM HIGHLIGHTS



November 2nd, 2025



Crowne Plaza, Rohini, New Delhi

- Algorithmic approach to evaluation of liver disease
- Updates on Viral Hepatitis
- Cirrhosis and its complications – Expert opinion on management
- Advanced therapies in management of variceal bleed
- Liver transplantation – Pearls for the treating physician
- Critical care in Liver disease – Tips and tricks



HEPATOLOGY



PANCREATOBIILIARY

- Evidence based management of Acute Pancreatitis
- Managing Post surgical biliary injuries – Endoscopic advances
- Chronic pancreatitis – Optimizing enzyme replacement therapy
- Difficult bile duct stones – Current management

- Chronic Diarrhea - Diagnostic challenge
- IBD landscape in India – What is changing?
- Adult Vaccination in GI diseases
- H Pylori infection – Should all be treated?
- Dysphagia – Clinical approach and evaluation



LUMINAL GASTROENTEROLOGY AND IBD



OBESITY & METABOLIC SYNDROME

- Drugs vs Endoscopic and surgical therapy for obesity – Who is the winner?

- Third space endoscopy – revolutionizing endoscopic therapy
- Endoscopic Ultrasound guided interventions – Ever expanding horizons
- Cholangioscopy – Applications in daily practice
- Detecting early malignancies – Power of Magnification endoscopy
- Endobariatrics – Current perspectives



ADVANCED ENDOSCOPY



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GI INTERFACE

2025



BRIDGING KNOWLEDGE HORIZONS:

GASTROENTEROLOGIST - PHYSICIAN

CONNECT



November 2nd, 2025



Crowne Plaza, Rohini, New Delhi



8:30 AM - 7:00 PM

Organizing Committee



Dr. Monika Jain
Organizing Chairperson



Dr. Gurwant S. Lamba
Organizing Chairperson



Dr. Sawan Bopanna
Organizing Secretary



Dr. Mohd Rafiq Najjar
Co Org. Secretary



Dr. Rajesh Upadhyay
Past president, API



Dr. Girish Tyagi
President DMA



Dr. Atul Bhasin
Vice Chairman API DSC



Dr. Hemant Sharma
Chairman Delhi API

Organized by:

Institute of Liver and GI Sciences
Sri Balaji Action Medical Institute, New Delhi



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Registration Free till 15.10.25 (Pre-registration is Mandatory)

Email: giconfluence2024@gmail.com



President's Pen...

I am deeply grateful for the love, respect, and support I have received throughout my nearly three-decade-long career. My selfless devotion to the medical community through organizations like the Delhi Medical Association (DMA), Indian Medical Association (IMA), and the Delhi Medical Council (DMC) has been a privilege. I take pride in my unblemished record, having never been held accountable for any moral fault. I humbly bow to your esteem and appreciation.

Recently, a malicious campaign was launched against me by politically motivated elements, alleging financial irregularities in the DMC. I joined the DMC in 2007 and served till February 2025 with utmost honesty, humility, and dedication. During my 17-year tenure, not even a single complaint was filed for any conduct against me. I ensured the fair conduct of the Council, delivering justice to all stakeholders. The Medical Council of India (MCI) and National Medical Commission (NMC) have praised the DMC as one of the best councils, and I have contributed to training experts in professional misconduct and medical negligence cases of various state councils conducted by NMC.

The allegations against me pertain to my tenure extension as Registrar, a decision that falls under the Council's jurisdiction. I acted in accordance with the Council's instructions and implemented their decisions. As the matter is sub-judice, I will refrain from further comment. An enquiry committee has been constituted to investigate the alleged financial discrepancies, and I've cooperated fully, submitting all required information.

I am confident that justice will prevail, given my integrity and scrupulous service. I trust that my reputation will remain untarnished once the litigation cases are resolved. I thank you all for your unwavering support during these challenging times. I remain your trustworthy friend and colleague.

Dr. Girish Tyagi
President, DMA



MEDICON 2025

66th Annual Delhi State Medical

CONFERENCE

REGISTER NOW

23rd November 2025

Hotel Le-Meridien, New Delhi





Hony. Secretary Pen...

Dear members

"I hope this message finds you well. I am excited to share a wonderful opportunity for medical professionals to join the Delhi Medical Association (DMA) through its local branches. Become a member of this esteemed organization and enjoy lifelong benefits."

Why join the DMA?

1. **Advocacy & Representation:** DMA protects the interests and rights of doctors at policy-making platforms.
2. **Professional Development:** Participate in **seminars, conferences, workshops, and CME programs**. DMC credit hours are also granted for CMEs.
3. **Representation in Delhi Medical Council (DMC):** DMA has two members in DMC – an elected member representing DMA and the President (nominated) on the disciplinary committee to voice members' concerns.
4. **Social & Cultural Events:** Celebrate **Doctor's Day, Foundation Day, Mother's Day, Elders Day**, and enjoy family events like **Holi and Diwali Milan** along with academic activities.
5. **Legal & Ethical Support:** Get assistance with **medico-legal issues and ethical concerns**, ensuring peace of mind in your practice.
6. **Public Health Initiatives:** Contribute to **health campaigns and wellness programs** that benefit the community.
7. **DMA Nursing Home Forum:** Address issues of medical establishments.
8. **DMA Service Doctors Forum:** Discuss issues faced by service doctors.
9. **DMA Women Doctors Wing:** Dedicated to women doctors' needs and concerns.
10. **DMA Club:** Organize **sports and recreational events** for members and families.
11. **State & National Health Programs:** Participate in programs like **Pulse Polio, TB elimination**, and other government initiatives.
12. **Exclusive Discounts:** Enjoy benefits on **medical products, services, insurance plans**, and partner offers including cars and personal indemnity insurance.
13. **Recognition & Awards:** Eligible for **prestigious awards** and recognition in the medical community.
14. **Member Privileges:** Receive **ID cards, certificates, directories, car stickers, and fortnightly bulletins**.

Joining now means you can secure **life membership**, giving you access to all these benefits forever. Let's unite to make the medical profession **stronger, supportive, and more rewarding**.

Join IMA / DMA today!

Dr. Satish Lamba
Hony. State Secretary, DMA

*Happy
Dussehra*

**May this Dussehra ignite the
Sprit of victory within you.
wishing you joy and prosperity.**

*Happy
Diwali*

**Wishing you a Diwali filled to peace,
prosperity, and endless joy.
may your life to illuminated with happiness**

Dear Members,

Our Association's strength lies not in a few leaders but in every single member. Each of us holds the power to uplift DMA—whether by sharing expertise, mentoring juniors, volunteering at events, or simply offering fresh ideas.

No action is too small. A brief talk at a community camp, a timely suggestion for a clinical meet, or helping organize a CME can spark growth far beyond what we imagine. One step from each of us becomes a giant leap for the Association.

Let's pledge to contribute in our own ways—big or small—so DMA continues to shine as a vibrant hub of learning, service, and professional unity

Together, We rise. We inspire. We transform.

Dr Manjusha Goel
Associate Editor, DMA



Glimpses of **Young Doctors CHINTAN SABHA** held on **18th September, 2025 at DMA House** organized by Delhi Medical Association with IMA JDN Delhi State



Last Reminder

As you may be aware, the renovation of the 2nd floor of the DMA Building is nearly complete. DMA has received a proposal to rent out the space on as is where is basis which has been approved by the State Executive Committee to help generate revenue for the association.

We invite all members to review the proposal and share any alternative suggestions. Please ensure that your proposals reach DMA not later than 18th October, 2025.

Dr. Girish Tyagi
President, DMA

Dr. Satish Lamba
Hony. State Secretary, DMA

Dr. A.S Popli
Hony. Fin. Secretary, DMA

Proposal Already Received

To,
The Secretary
Delhi Medical Association
New Delhi

Subject: Proposal for DMA 2nd Floor Rent

Dear Sir,

We have been informed that Delhi Medical Association desires to rent out its roof top with a temporary structure hall which includes a kitchen, 2 bathrooms, one room and the open space for the usage of banquet, restaurant and convection centre or any other appropriate use.

We have been informed that Rs. 1,00,000,00 (Rupees One Crore) is required to be deposited as advance rent out of which Rs. 1,00,000/- (Rupees One Lakh) every month shall be deducted as an advance rent.

We have also been informed that Rs. 1,50,000/- (Rupees One Lakh Fifty Thousand) + GST has to be deposited as rent every month in advance by 7th Day of the month.

We have shown it to our client who is willing to be a tenant for the 2nd floor as per the following and client has agreed for the same.

We accept the financial liabilities as rent of Rupees One Crore advance and Rs. 1.5 lakh per month provided:

1. To use the premises for the purpose of banquet, restaurant/ convection centre it is mandatory for the for the building to have a fire NOC. The landlord i.e. the Delhi Medical Association shall get the fire NOC for the total building.
2. An uninterrupted electricity supply has to be provided for the 2nd floor. The electricity shall be charged on the basis of actuals by a separate sub-meter.
3. There will be a water supply for at least 10,000 liters exclusively for the 2nd floor and the space for setting of RO Plant near the water tanks shall also be arranged.
4. A separate lift shall be installed and a separate staircase and entry shall be available for the uninterrupted usage of 2nd floor. The usage of other stair shall be available 24X7 as a fire exit and also when there is banqueting process going on Ground and 1st floors. The usage of other lift shall be uses the 2nd lift, he shall pay Rs. 2500/- per day.
5. The area of the roof which is lying vacant shall be allowed to be converted into covered area. The cost of covering the area and decorating it as per the purpose shall be borne by the tenant and shall be the property of DMA after expiry of the tenure.

The tenure of the tenancy shall be 9 years with the rent escalating by 15% every three years.

After the completion of tenure seeing the investment in business, the first right of refusal for renewing the lease shall remain with the tenant with the escalation of 20% of the rent.

The DMA Shall be eligible for the 12 usages in a year if the banquet space for lunch or dinner as a part of the agreement and more if desired shall have to pay the rent charged by the tenant with the discount of 25%.

The Tenant shall also be allowed to book the other parts of Delhi Medical Association building if available for the rent with the discount of 25% at the prevailing and decided rates.

The tenant shall be responsible for upkeep of the top floor in best of its form.

The banqueting and tenting rights of DMA convection hall shall be exclusively remained with the tenant.

He will provide a continuous kitchen and cafeteria for DMA office.

He tenant shall provide DMA functions banqueting at a pre-fixed and pre-decided rates with only 5% market escalation every year.

Kindly note that 3 months' rent shall be our commission for the convenient conduction of the deal. If you agree kindly inform me and issue an acceptance letter for me to enable me to pursue the matter further for further negotiation.

(Sn. Proposal)

WORLD HEART DAY 2025

“HEALTHIER HEARTS, HAPPIER LIVES”

Sir Ganga Ram Hospital joins the world in raising awareness about heart health. Cardiovascular diseases are the leading cause of death in India, claiming over 2 million lives annually, with half under the age of 50. Sedentary lifestyles, stress, and poor nutrition are driving this silent epidemic but prevention is possible.

Know the Facts:

- 1 in 4 adults in India has high blood pressure—often undiagnosed
- Obesity is rising rapidly, increasing heart risks among youth.
- Diabetes affects over 74 million Indians, doubling the risk of heart disease.
- Smoking and tobacco use remain major contributors to premature heart attacks.

Simple Steps to Protect your Heart:

- Eat Smart**
- Fresh fruits, vegetables, whole grains, and lean proteins.
 - Limit fried foods, sugar, and processed snacks.
- Stay Active**
- 30 minutes of daily exercise—walking, yoga, or cycling.
 - Break long hours of sitting with short activity bursts.
- Regular Check-ups**
- Monitor blood pressure, cholesterol, and blood sugar.
 - Early detection saves lives
- Manage Stress**
- Meditation, deep breathing, mindfulness, and adequate sleep
- Avoid Harmful Habits**
- Quit smoking and limit alcohol consumption.
- Spread Awareness**
- Encourage heart-healthy habits in family and community.



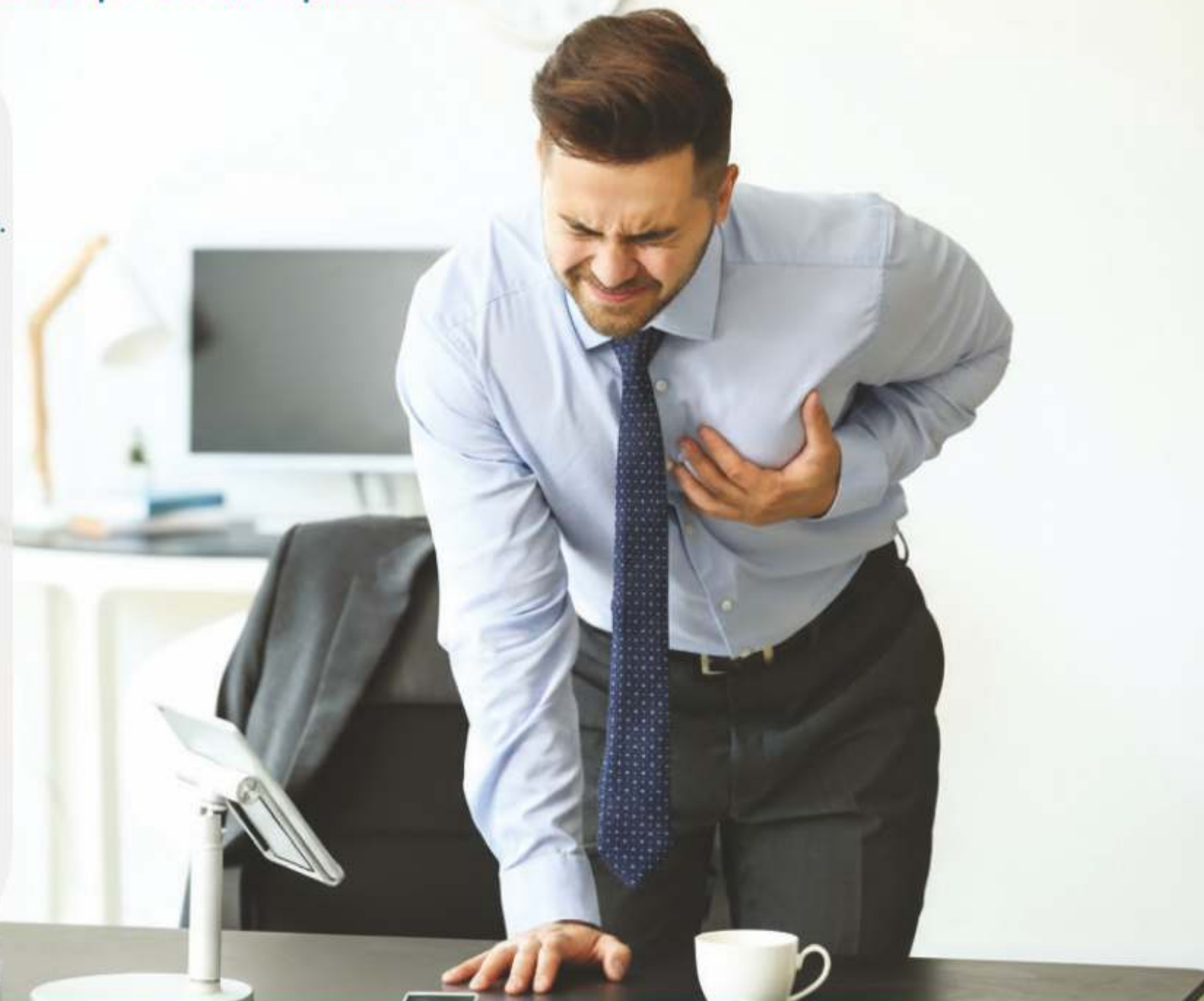
Dr. (Prof.) D.S. Rana
Chairman
Sir Ganga Ram Trust Society

"We are not content to rest on our laurels. We are constantly looking for new ways to improve our services & expand our reach."

"Patient-Centric Care and
Cutting-Edge Research
The Sir Ganga Ram Hospital
Promise."



Dr. Ajay Swaroop
Chairman
Board of Management



MINUTES OF EXTRA ORDINARY GENERAL BODY MEETING HELD ON 19th AUGUST 2025

A meeting of the Extraordinary General Body Meeting (EGBM) of Delhi Medical Association was held on 19th August 2025 at 2.30 at DMA House, Daryaganj, New Delhi.

The meeting was adjourned for 30 minutes due to lack of quorum and was then reconvened at 3.00 pm. As President Dr. Girish Tyagi was not present in the meeting. The meeting was chaired by DMA Vice President Prashant Seth and proceedings were conducted by Hony. State Secretary Dr Satish Lamba

Agenda of the meeting was taken up as follows:

Agenda1:Toreceive and confirm the minutes of Annual General Body Meeting held on 31st March, 2025

The minutes were read out by the Hony. Secretary and confirmed by members attending the EGBM.

Agenda 2: To adopt the audited accounts for the preceding financial year I. e. wef 01/04/2024 to 31/3/2025.

Hony. Secretary Dr. Satish Lamba said that he accounts were audited by DMA approved auditors and vetted by the Finance Committee of DMA and also circulated to the member, these were accepted in toto .

Agenda3:ToappointAuditorsfor2025-2026

It was pointed out that continuity of auditors assures safety and integrity of accounting practices. Therefore, it was decided to continue with the same Auditor for FY 2025-2026..

Agenda4:To appoint an Hony. Legal Advisor for the year 2025-2026.

Mr. Rupesh Dutta was appointed as Hony. Legal Advisor for the year 2025-2026.

Agenda5:To sanction the budget for the ensuing Financial Year 2025-2026.

The budget was presented and accepted unanimously by all members .The President / Hony. Secretary / Fin Secretary were authorized to allocate funds as per evolving needs in accordance with established practices.

Agenda6:Any other matter.

Dr. Arvind Chopra raised the issue of the newly constructed second floor. He said that about Rs. 1.8 crores were spent on its development as a new source of income, but due to legal complications like sealing of the premises and it being declared unauthorized, the floor has not been utilized. As a result, the money and efforts spent have gone waste.

Dr. Prem Aggarwal informed that, through an agent, (Wealth & Property consultants Mr. RPS Bawa dated 2th November 2024) he had submitted a proposal to rent out the second floor for use as a banquet/convention hall. This proposal was approved in principle at the State Executive meeting held on 7th November 2024. As per the Executive Committee's instructions, the proposal was circulated to all members to see if any better offers could be received.

Since no better proposal came and no objections were raised, Dr. Aggarwal said it should now be acted upon. He also mentioned that in his proposal, the premises would be rented on an "as is, where is" basis, with the condition that alternate electricity supply, fire safety equipment, and an additional fire exit would be arranged.

Dr. Aggarwal further offered that if the office accepts the proposal, he is ready to pay Rs. 20 lakhs in advance at the time of signing the agreement, to establish a generator set, install fire safety equipment, and create the additional fire exit.

Dr. Satish Lamba said that the expenses for creating extra space for the fire exit should be borne by the tenant. Dr. Ramesh Datta, Dr. Anil Sharma, Dr. Ashwini Dalmiya, and others supported the proposal and recommended that it should be executed soon.

Following this, Dr. Aggarwal submitted a cheque of Rs. 10 lakhs as advance payment towards acceptance of the proposal.

The house approved the proposal, accepted the advance, and authorized the President in Chair, Dr. Prashant Seth, along with Dr. Satish Lamba, Dr. Sunil Satrawal, and Dr. Ashwini Dalmiya, to negotiate the terms and conditions.

The house also expressed the desire that the agreement should be executed as soon as possible, preferably before Diwali, so that the association can start earning regular income and repay its loan on time.

The meeting ended with a Vote of Thanks to the chair.

Dr. Satish Lamba
Hony State Secretary, DMA

DMA



MEDICON 2025

66th Annual Delhi State Medical Conference



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Dr. Girish Tyagi
President

Dr. Satish Lamba
Hony. State Secretary

Dr.A.S. Popli
Hony. Fin. Secretary

Dr. Neelam Lekhi
President Elect

Dr.Ashwini Dalmiya
Chairman, Conference



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